

Clearbrook-Gonvick Community Education

Spring 2016

Community Education Coordinator: Judy Engebretson: 218-776-3112 Ext 102

Early Childhood Family Education/School Readiness: Andrea Churness, Stacie Petterson: 218-776-3112 Ext 223

Adult Basic Education/GED: Sherry Hjelle: 218-776-2789 (W), 218-688-1558 (C) or 218-487-6008 (H)

You may also obtain information on Community Ed classes through: Fosston radio (Tom Lano), the school web site: www.clearbrook-gonvick.k12.mn.us, weekly newspaper updates, some local businesses, email (send your request to: jengeb@clearbrook-gonvick.k12.mn.us) or on Facebook!

SOCIAL SECURITY: STRATEGIZE TO MINIMIZE

Did you know that there are hundreds of options associated with your Social Security retirement benefits?

Join us on Thursday, April 21st at CG School Library for a presentation hosted by Thrivent Financial Representatives Samantha Gunlikson CLTC® and Bruce Wegley LUTCF®, CLTC®, FIC to explore how to sort through the choices. Help ensure the decisions you make are ones you can live with—for the rest of your life.

There will be opportunity for questions. Handout provided. Class is provided as a public service. The fee is for Community Education.

Thursday, April 21 6:30-7:30 PM
CG School Library \$3.00

FAMILY SIGN MAKING PARTY

Join the crew from Hickory Backroads as you paint and finish your very own signs: the adult/s will make a sign with the family name and the child/ren will make one with their first name!! Any adult may attend with the children. Maximum 40 people. **Preregistration is required** so contact Kelly at Hickory Backroads Boutique ([218-487-5700](tel:218-487-5700)) during business hours: **Tuesday-Friday 10-5, Sat 10-4**

Tuesday, May 3 6:00-8:00 PM
Gonvick Community Center \$25.00/person

*SIGN UP AND BRING A FRIEND!!!
MORE ON THE BACK!!!*

MILK PAINTING

Join The Hickory Backroads crew for a three hour hands-on workshop where you will learn how to use Miss Mustard Seed Milk Paint. Milk paint can be used to mimic the look of antique furniture.

Come to class with a small piece of furniture that you can comfortably carry by yourself! We will cover step by step the methods to transform your piece. You will learn how to prepare the milk paint, apply colors of your choice, distress and apply the furniture waxes or topcoats to finish your piece. Your piece goes from rehab to fab in one day!

Preregistration is required. Each individual will be able to complete one piece from start to finish. If you have any questions on your piece (size, complexity, etc) and to **preregister** for the class, **call Kelly** at Hickory Backroads during store hours. **Tuesday-Friday: 10-5, Saturday: 10-4. [218-487-5700](tel:218-487-5700)**

Max. 12 per class. Choose one of the dates below.

Use Door #8 in the north parking lot (by the garage)

Class #1, Tuesday, April 12 6:00-9:00 PM

Class #2, Tuesday, April 26 6:00-9:00 PM

CG School Shop \$50.00 per person



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IPAD / SMARTPHONE BASICS & Q & A

Garrett West & Taylor Volker

Want to know more about that great little iPad or SmartPhone you own? This is the class for you! The basics will be covered for about 30 minutes and then the instructors will answer questions for the remainder of the class. If you have specific questions, please note them when you register. If you don't own an iPad but are interested in learning more, we have some available. Please indicate this when you register. *You will need a current email in order to download apps.*



Tuesday, April 19 **6:30-8:30 PM**
Room 407 (Art Room) **\$15.00**

RAPE PREVENTION & SELF-DEFENSE

Steve Holm & Police Chief Dan Gazelka

This class is for females (ages: teenagers and up). We encourage mothers and daughters to take this class together. The class will include lecture and self-defense training. Instructors will walk through case studies of real rape cases and will discuss prevention techniques. Please wear comfortable clothing. This class is being taught as a public service. The fee is for Community Education.

Tuesday, March 15 **6:30-8:30 PM**
CG School Library **\$3.00 each / Max \$5.00/family**

CAKE DECORATING-Kari Wittenberg

Using pre-made cupcakes, Kari will teach you how to decorate using frosting and fondant. Join your friends and have some fun decorating!



Thursday, April 14 **6:45-8:00 PM**
CG School Commons **\$13.00**

DEFENSIVE DRIVING-Glenn Rettmann



Participants receive a thorough review of the "rules of the road", with an emphasis on defensive driving practices. If you are 55 or older, successful completion of this class will allow you to receive a discount on your auto insurance. Note: If you've completed an 8 hour class in the past 3 years you need only register for the 4 hour "refresher" course. *Note: Please enter through door #12 on the north side.*

Mon, April 4 (refresher class) **5:00-9:00 PM**
Room 414 **\$15.00**
Mon & Tues April 4 & 5 (8 hr) **5:00-9:00 PM**
Room 414 **\$20.00**

"Early Bird" Garage & Craft/Vendor Sale

**GARAGE AND CRAFT
 SELLERS/VENDORS
 WELCOME!**



Reserve your spot in the gym to sell your articles at a group sale. Setup begins at 6:45 am Saturday morning. You may set up an extra clothes rack/table if room is available. If participation is not sufficient, deposits will be returned. **Registration deadline is March 23. (Late registration will be taken if space is available.)**

Saturday, April 2 **8:30 AM-NOON**
Clearbrook-Gonvick School Commons
Fee per table = \$15.00 for 1, \$20 for 2

REGISTER EARLY!!

Share the brochure
 with your friends!

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CANCELLATION - WEATHER

On days school is closed for weather, observed holidays, etc, Community Education classes will not be held.

Please pre-register one week ahead. Unfortunately, some classes are canceled if there is a lack of pre-registration. Late registration will be taken if space is available and the class is being held. You will be notified if a class is canceled due to insufficient enrollment and a refund will be made. Unless you are notified, you should meet at the time and place designated. No refunds will be made after the first night of class.

Mail to: CG Community Ed, 16770 Clearwater Lake Road, Clearbrook, MN 56634 or call 776-3112 ext 102.

Community Education Advisory Council:

Amy Rankin, Shirley Graftaas, Adam Krog, Sharon Bergerson, Ashley Krog, Sherry Hjelle, Crystal Smith, Molly Shamp, Taylor Volker, Kari Shamp
If you are interested in serving on the Advisory Council, please talk to a member or Judy. There are 4 meetings/year.

EVERY FAMILY COUNTS!!

Are you on the preschool census? If you have a child birth to 4 years old, please call 776-3112, ext. 223 to get on the preschool census. This way you can be sure to get Early Childhood class information, kindergarten registration materials, and other important district information.

**Register early:
Classes are sometimes
canceled when people
wait until the last
second!**

CG Community Ed Registration Form

(If you are registering for **Defensive Driving**, your **name** must be printed **exactly** as it is on your driver's license. **Include birth date.**)

Name _____

(For Defensive Driving Course only: **BIRTH DATE** _____)

Address _____

City & Zip _____

Home Phone _____ Cell _____

E-mail _____

This will include you in future mailings for classes.

Age (x) ____ 5-18 yrs ____ 19-54 yrs ____ 55 & up

Course Title

Begin Date

_____	_____
_____	_____
_____	_____

Total Enclosed

Make checks payable to: CG Community Education

Mail to: Community Education 16770 Clearwater Lk Rd
Clearbrook, MN 56634

GED Prep & More

Clear Waters Life Center - Clearbrook
256 2nd Ave. SW, second floor

Tuesdays, 6:00 - 8:00 PM
Wednesdays, 12:30 - 3:00 PM
Drop-ins welcome.

Individualized Study

**Classes offered at no cost to qualifying
adults with \$10.00 registration fee**
Don't delay.

Job skills & college prep also available.

More information:

Call Sherry,
218-487-6008 (leave message)
218-688-1558 (cell)



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Simple ways to help our Students!!

Please take a few moments to look this information over and see what you can do. Also, share the information with neighbors, friends and relatives.

Thank you for your support!

Drop off at the school office or send with a student.

BOX TOPS FOR EDUCATION



Save labels from General Mills, Betty Crocker and many other products. General Mills Box tops for Education donates \$.10/label. BoxTops money is used for our Accelerated Reader program. For a complete list of products go to: www.boxtops4education.com

RECYCLE CELL PHONES INK & LASER CARTRIDGES

Recycle your CELL PHONES, inkjet and laser cartridges. Most phones and cartridges qualify but please do not send ribbons, toner or remanufactured cartridges.



TARGET-TAKE CHARGE OF EDUCATION



When you use a Target card, Target donates 1% of your purchase price at Target to our school. Please make sure you have designated our school to receive the funds. With the Target Visa card, Target will also donate .5% of all purchases made at other locations.

TYSON LABELS

Save your Tyson labels and turn them in. They are worth \$.24/label!



LOAVES FOR LEARNING

Save all Village Hearth and Country Hearth product labels (they are worth 5 cents each).



LABELS FOR EDUCATION

This program will be ending in 2017 so please turn in all labels that you have throughout 2016.

SAVE THE UPC CODE & THE POINT VALUE (if it has one)!



SUMMER RECREATION:

Watch for Summer Recreation brochures around the middle of May!
Activities for ages 4-14.



Our summer play will be "Snow White".

Auditions: Monday, June 20 at 2:30.

Practices: Tue-Fri (6/21-6/24)
from 2:30-6:45.

Performances:

June 24 & 25 at 7:00 PM

Age 7 & up.

Parts for everyone!

More Summer Recreation!

Brochure is out around the middle of May

These are classes we have had recently and we are always looking to add something new so watch for our brochure and sign up for what interests you!

Science: Growing Up Wild, Lego Robotics,
Focus on Physics, Golf, Soccer, Flag Football,
Volleyball Camp, Basketball Camp,
Softball and Baseball ages 4-13,
Kloster League baseball & softball for ages 9-14

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EARLY CHILDHOOD FAMILY EDUCATION

EARLY CHILDHOOD FAMILY EDUCATION & SCHOOL READINESS SPECIAL EVENTS

These events are open to 0-5 year olds and their parents.



“RUN AND READ NIGHT”

Run, jump, throw balls and be active in the gym to cure your cabin fever! We will have a reading time and a snack before you go home!

CG Elementary Gym

Mon, March 14

No Fee

6:00-7:30

QUESTIONS?? call: 776-3112, ext. 223

Andrea Churness or Stacie Petterson



ECFE SPRING CLASSES

Mixed Age Classes (Birth to Kindergarten Enrollment)

Wednesday Morning Class: April 13-May 11: 9:30-11:30

Thursday Morning Class: April 14-May 12: 9:30-11:30

Monday Evening Class: April 4-May 9: 6:00-7:30
No class April 25th

SCHOOL READINESS CLASSES

January 18-May 17

Morning Class: Mon/Tue/Fri: 8:00-11:00

Afternoon Class: Mon/Tue/Fri: Noon-3:00

Call Andrea or Stacie for more information at
218-776-3112 Ext 223

PRESCHOOL SCREENING

March 22 & 23

Call 776-3112 Ext 223 to schedule



COOKING WITH ROBIN

For children birth to Pre-Kindergarten and their parent(s). Join Robin, our

school cook, to make your own dish and learn how to incorporate healthy ingredients in cooking.

CG School Commons & Kitchen

Class #1 is April 19 from 6:00-7:30

Class #2 is April 26 from 6:00-7:30

Choose one date. **MUST Pre-Register by April 13**

Call 776-3112 Ext 223 to register

CONTAINER GARDENING FOR KIDS

You don't need to have a garden or even a yard to enjoy Container Gardening! This class will introduce families with young children to the joys of vegetable gardening!

Free for 0-5 year olds. Limit one garden/family
Class attendance is required.

May 16 from 6:00-7:30 in ECFE Room

MUST Pre-Register by May 9

Call 776-3112 Ext 223 to register



The Clearbrook - Gonvick Early Childhood Initiative presents the...

Healthy Kids Extravaganza



Families with young children are invited to enjoy an evening of healthy fun!
Monday, March 30th – 5:30 p.m. – 7:00 p.m.

FREE event

Dinner for your family with
Lots of fun activities and prizes!

(brought to you by our community members, businesses, and school groups)



...making good things happen
for our littlest
community members!

Sponsored by the CG Early Childhood Initiative
Dinner provided by the Clearbrook-Gonvick Food Staff and local sponsors

WIC PROGRAM

North Country Community Health Services

Location: CG School, ECFE Room

When: 4th Thursday of the month, 1:30-3:30

Call for appointments and information: Bemidji

WIC Clinic: 218-333-8140 or 1-888-881-7801

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Create It! Community Art Studios:

Classes in Gonvick CWLC from 6:30-8:30 pm.

Class fee \$5.00, free to studio members.

Call 218-487-5290, Ext 2, to register. Drop-ins welcome.

Glass & Mosaic Creations—JoAnne McFarlin

April 4, 11, 18 and August 8, 15, 22

Whether new to mosaics, or just needing a refresher, this will get you on the right track!



Painting with Acrylic & Watercolor—Jay Jones

April 25, May 2, 9

Beginner or experienced, enjoy capturing life on paper or canvas as Jay walks us through the processes!



Pottery Basics Class—Dave Hudson

May 16-June 27 (no class May 30)

From beginning to end, whether new to pottery, or just needing a refresher, this will get you on the right track. This class will include Raku Pottery.

“Get the Lead Out”: Drawing with Pencil

Todd Lundell

May 16, 23, June 6, 13, 20

Have you ever wanted to draw but felt you couldn't? This class is for you! Focus on wildlife and the great outdoors.

“Found Object Sculpture”:

Welding Class-Jay Jones

July 11, 18, 25, August 1

Learn how to weld and create a sculpture from scrap iron.



“Creative Concrete”—LeAnne Walberg

August 29, September 12, 19, 26

From garden creations to ring holders, concrete holds a multitude of options. Come and pour anything you can form!

“The Clay Experience, Part 2—Dave Hudson

October 3, 10, 17, 24

A continuation of part one to keep you growing in your pottery skills and techniques. Learn how to make a slip cast to reproduce your favorite pieces.

NORTHERN EXPOSURE TO LIFELONG LEARNING

NELL is a 501c(3) non-profit organization, created to enrich the quality of life in our local communities through lifelong learning and the arts. Our goal is to inspire people to learn, to grow, and to give to their communities. For more information on these programs watch the local newspaper, check the school web site (under Community Education) or call Tamara at 218-694-2856 or check the NELL Facebook page. ALL NELL programs are Wednesday mornings at 9:30 am unless noted. Programs are offered free of charge, donations are accepted!

March 30: David Grabitske: “Six Miles from St. Paul: the family and society of Sarah Jane Sibley”

Elim Church, Clearbrook (316 Fourth Ave S)

The story of Minnesota's first “First Lady”. Discover what home was for Sarah Sibley, and how notions of home impacted Sarah's efforts on behalf of historic preservation.

April 6: Mark Bridge: “Historical Notes”

Library & Art Center, Fosston (403 Foss Ave N)

Much of American history can be taught in song. From the songs of the gold camps, the civil war, the Minstrel and medicine shows, people learn how music was a common thread in the 1800's.

April 13: Renee Wendinger: “Orphan Train”

Good Shepherd Church, 116 Highway 92 SW, Clearbrook
Renee's mother was one of the children of the orphan trains taking part in a journey from New York City to the Midwest.

April 20: Theresa Nelson: “Racial Disparity in Minnesota”

Faith Lutheran Church, Bagley (32 Bagley Ave NW)

Minnesota routinely ranks as one of the best states to live in for quality of life, economic and educational opportunities. But we are failing our communities of color. This session examines what we can do to ensure equitable treatment for all.

April 27: Jay Haapala: “Fraud Fighters: How to Avoid Scams”

Kingo Lutheran Church, Fosston (220 N Johnson)
Understanding the latest trends and tactics in fraud can help us all protect our own savings, as well as people who are more vulnerable.

May 4: Chad Lewis: “The Minnesota Road Guide to Gangster Hot Spots”

McIntosh Community Center (115 Broadway St N)

Follow in the footsteps of America's most infamous gangsters as they turned Minnesota into the land of 10,000 crimes!

May 11: Jim & Jan Strandlie: “Exploring WWII Sites from Norway to Normandy”

Gonvick Community Center (170 Main St N)

May 18: Jay Coggins: “We Can Do This: Climate Change and the Economics of a Renewable Future”

Bagley American Legion (112 Main St N)

This presentation tells the story of how Coggins' research led him to his current position on Climate Change.