

Section 8A Track and Field Championship - 6/4/2016

Warren HS

Results

Girls 100 Meter Dash

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 Section Reco: # 12.20 1984 Dee Dee Pudwill, Waubun  
 12.83 QUAL

Name	Year	School	Prelims	Wind	H#		
=====							
Preliminaries							
1	Zoe	Russillo	9	Red Lake Cou	13.00Q	NWI	2
2	Cassidy	Ziegler	11	Frazee	13.05Q	NWI	1
3	Lauren	Harstad	10	Fertile-Belt	13.21Q	NWI	1
4	Kelby	Goulet	10	Warroad	13.24Q	NWI	2
5	Abigail	McGlynn	9	West Marshal	13.32q	NWI	2
6	Morgan	Miller	12	Norman Count	13.42q	NWI	1
7	Marlee	Turn	8	Kittson Coun	13.43q	NWI	1
8	Paige	Oswald	8	Frazee	13.65q	NWI	2
9	Alexis	Pederson	11	Barnesville	13.66	NWI	2
10	Kezia	Rahier	11	Northome/Kel	13.67	NWI	2
11	Kylli	Anderson	8	Bagley/Fosst	13.68	NWI	1
12	Hannah	Sellin	12	Hawley/Ulen-	13.70	NWI	1
12	Emma	Tollefson	7	Fertile-Belt	13.70	NWI	2
14	Jena	Jacobson	11	Dilworth-Gly	13.72	NWI	1
15	Hannah	Morgan	7	Park Rapids	13.85	NWI	2
16	Paige	Hill	12	Park Rapids	14.14	NWI	1

Girls 100 Meter Dash

=====  
 Section Reco: # 12.20 1984 Dee Dee Pudwill, Waubun  
 12.83 QUAL

Name	Year	School	Finals	Wind		
=====						
Finals						
1	Zoe	Russillo	9	Red Lake Cou	12.90	1.0
2	Cassidy	Ziegler	11	Frazee	13.05	1.0
3	Lauren	Harstad	10	Fertile-Belt	13.15	1.0
4	Kelby	Goulet	10	Warroad	13.24	1.0
5	Morgan	Miller	12	Norman Count	13.41	1.0

6	Abigail McGlynn	9	West Marshal	13.53	1.0
7	Paige Oswald	8	Frazee	13.56	1.0
8	Marlee Turn	8	Kittson Coun	13.67	1.0

Girls 200 Meter Dash

=====  
 Section Reco: # 25.00 1987 Liesa Brateng, Roseau  
 26.12 QUAL

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Lilly Andersen	11	Hawley/Ulen-	26.85Q	NWI 1
2	Abby Mueller	12	Park Rapids	27.03Q	NWI 2
3	Kelby Goulet	10	Warroad	27.07Q	NWI 1
4	Zoe Russillo	9	Red Lake Cou	27.92Q	NWI 2
5	Cassidy Ziegler	11	Frazee	27.52q	NWI 1
6	Morgan Miller	12	Norman Count	27.79q	NWI 1
7	Jennifer Lavine	7	Clearbrook-G	27.87q	NWI 1
8	Amy Wadeson	10	Dilworth-Gly	27.98q	NWI 2
9	Jessica Remer	9	Fisher/EGF S	28.00	NWI 1
10	Brianna Bly	12	Mahnomen/Wau	28.18	NWI 2
11	Christina Grundmeier	12	Northome/Kel	28.23	NWI 2
12	Lauren Harstad	10	Fertile-Belt	28.33	NWI 2
13	Kylli Anderson	8	Bagley/Fosst	28.43	NWI 1
14	Lexi Turn	11	Kittson Coun	28.52	NWI 1
15	Tessa Zima	11	Mahnomen/Wau	29.32	NWI 2
16	Natalie Steichen	10	Dilworth-Gly	29.35	NWI 2

Girls 200 Meter Dash

=====  
 Section Reco: # 25.00 1987 Liesa Brateng, Roseau  
 26.12 QUAL

Name	Year	School	Finals	Wind
Finals				
1	Abby Mueller	12	Park Rapids	26.65 +0.0
2	Lilly Andersen	11	Hawley/Ulen-	27.05 +0.0
3	Kelby Goulet	10	Warroad	27.25 +0.0
4	Morgan Miller	12	Norman Count	27.30 +0.0
5	Zoe Russillo	9	Red Lake Cou	27.42 +0.0
6	Cassidy Ziegler	11	Frazee	28.06 +0.0
7	Amy Wadeson	10	Dilworth-Gly	28.07 +0.0

8 Jennifer Lavine 7 Clearbrook-G 28.08 +0.0

Girls 400 Meter Dash

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Section Reco: # 57.84 1993 Amber Bohman, Park Rapids  
58.73 QUAL

Name	Year	School	Finals
1 Kelby Goulet	10	Warroad	59.94
2 Morgan Miller	12	Norman Count	1:00.81
3 Jessica Remer	9	Fisher/EGF S	1:01.13
4 Abby Syverson	8	Pelican Rapi	1:01.70
5 Lilly Andersen	11	Hawley/Ulen-	1:02.06
6 Emma Borowicz	7	Crookston	1:02.17
7 Esperanza Rodriguez	10	Crookston	1:02.58
8 McKenzie Koenig	8	Hawley/Ulen-	1:03.08
9 Jennifer Lavine	7	Clearbrook-G	1:03.48
10 Frannie Mercil	12	Dilworth-Gly	1:03.78
11 Crysta Krantz	12	West Marshal	1:03.85
12 Kelby Fultz	8	Bagley/Fosst	1:04.09
13 Sierra Robles	7	East Grand F	1:04.38
14 Meosha Hammer	9	Clearbrook-G	1:05.52
15 Beatrice Jaszczak	11	Kittson Coun	1:05.63
16 Kamree Carlson	8	Park Rapids	1:06.39

Girls 800 Meter Run

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Section Reco: # 2:13.40 2001 Ada Anderson, Roseau  
2:21.00 QUAL

Name	Year	School	Finals
1 Erica Eades	12	East Grand F	2:20.69 QUAL
2 Nicole Herbranson	10	Barnesville	2:23.43
3 Megan Olson	12	Park Rapids	2:25.18
4 Katherine Geist	8	Crookston	2:25.43
5 Grace Johnson	10	Pelican Rapi	2:29.91
6 Jackielynn Taflin	8	Clearbrook-G	2:30.77
7 Zoey Mills	8	Northome/Kel	2:32.35
8 Brianna Bly	12	Mahnomen/Wau	2:33.64
9 Brooklyn Erickson	10	Norman Count	2:34.32
10 Tianna Wald	11	Pelican Rapi	2:34.38
11 Gracie Arends	8	Dilworth-Gly	2:35.38

12 Maddie Weberg	10 West Marshal	2:35.77
13 Emily Curfman	11 Bagley/Fosst	2:36.44
14 McKenna Garrett	9 East Grand F	2:39.03
15 Rachel Jenson	12 East Grand F	2:40.40
16 Arianna Gerdon	8 Dilworth-Gly	2:43.55

Girls 1600 Meter Run

=====  
 Section Reco: # 5:08.24 5/30/2015 Marissa Carlson, Bagley/Fosst  
 5:11.66 QUAL

Name	Year School	Finals
1 Marietta Geist	12 Crookston	5:20.96
2 Ellie Morgan	10 Frazee	5:25.09
3 Arianna Gerdon	8 Dilworth-Gly	5:25.38
4 Jada Renneberg	8 Park Rapids	5:38.19
5 Emma Brunelle	11 Warroad	5:44.42
6 Katherine Geist	8 Crookston	5:46.51
7 Tessa Hanson	12 East Grand F	5:48.54
8 Samantha Passa	7 Barnesville	5:49.20
9 Emily Hultin	11 Park Christi	5:51.58
10 Reese Strand	9 Roseau	5:54.67
11 Rebekah Fraser	9 Lake of the	5:56.16
12 Cassidy Lizakowski	11 West Marshal	5:57.00
13 Jenna Manecke	7 Bagley/Fosst	6:00.06
14 Clara Girdler	7 Red Lake Cou	6:07.30
15 Mckenna Langerud	9 East Grand F	6:07.87
16 Amarah Dykema	10 Walker-Hacke	6:21.32

Girls 3200 Meter Run

=====  
 Section Reco: # 11:34.47 1991 Jennifer Diedrich, Marshall Co. South  
 11:26.14 QUAL

Name	Year School	Finals
1 Marietta Geist	12 Crookston	12:00.35
2 Ellie Nelson	10 Roseau	12:01.53
3 Lydia Kantonen	11 Park Rapids	12:15.52
4 Emma Brunelle	11 Warroad	12:23.32
5 Tessa Hanson	12 East Grand F	12:25.59
6 Mandi Sjolje	8 Pelican Rapi	12:25.61
7 Megan Danielson	9 Frazee	12:31.75

8	Amelia Landsverk	9	Bagley/Fosst	12:36.90
9	Ellie Morgan	10	Frazee	12:41.40
10	Rebecca Heppner	9	Warroad	12:41.61
11	Chloe Paulson	7	Pelican Rapi	12:54.98
12	Whitney Steffel	9	Park Rapids	12:59.50
13	Emily Hultin	11	Park Christi	13:01.39
14	Maren Garrett	7	East Grand F	13:09.03
15	Holly McCamant	12	Frazee	13:42.00
16	Amarah Dykema	10	Walker-Hacke	14:27.27

Girls 100 Meter Hurdles

=====  
 Section Reco: # 15.24 2003 Kayla Wahlin, Crookston  
 15.75 QUAL

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Maddie Rue	12	Frazee	16.27Q	NWI 1
2	Maddie Jerome	11	Roseau	16.32Q	NWI 2
3	Paige Ziegler	8	Frazee	16.45Q	NWI 1
4	Paige Pederson	12	West Marshal	16.87Q	NWI 2
5	Jessica Vedbraaten	12	BGMR Freeze*	17.18q	NWI 1
6	Gracie Helgeson	12	Roseau	17.25q	NWI 2
7	Katelynn Warmbold	11	Park Rapids	17.49q	NWI 2
8	Kayla Sirjord	10	Hawley/Ulen-	17.75q	NWI 1
9	Kaylie Breid	10	Dilworth-Gly	17.80	NWI 1
10	Laura Paulsrud	8	Norman Count	17.84	NWI 1
11	Katelyn Wagner	10	Crookston	17.93	NWI 2
12	Megan LaCrosse	10	Red Lake Cou	17.96	NWI 1
13	Ashley Longtin	11	Red Lake Cou	18.04	NWI 2
14	Tayah Otterness	12	Park Rapids	19.10	NWI 2
15	Bailee Hoffard	12	Park Rapids	19.28	NWI 2
16	Yuka Sakogashira	12	TrekNorth	20.42	NWI 1

Girls 100 Meter Hurdles

=====  
 Section Reco: # 15.24 2003 Kayla Wahlin, Crookston  
 15.75 QUAL

Name	Year	School	Finals	Wind
=====				
Finals				
1	Maddie Jerome	11	Roseau	16.04 -0.5

2 Paige Ziegler	8 Frazee	16.06	-0.5
3 Maddie Rue	12 Frazee	16.15	-0.5
4 Paige Pederson	12 West Marshal	16.52	-0.5
5 Jessica Vedbraaten	12 BGMR Freeze*	17.26	-0.5
6 Gracie Helgeson	12 Roseau	17.32	-0.5
7 Katelynn Warmbold	11 Park Rapids	17.59	-0.5
8 Kayla Sirjord	10 Hawley/Ulen-	17.90	-0.5

Girls 300 Meter Hurdles

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 Section Reco: # 43.14 1987 Liesa Brateng, Roseau  
 46.77 QUAL

Name	Year School	Finals
1 Maddie Jerome	11 Roseau	46.51 QUAL
2 Aleece Durbin	10 Crookston	47.06
3 Kaylie Isaman	9 Pelican Rapi	48.56
4 Maddie Rue	12 Frazee	48.58
5 Karley Motschenbacher	8 Park Christi	48.84
6 Tiffany Hanson	10 East Grand F	49.53
7 Mackenzie Weinberger	10 Park Christi	50.03
8 Jaryn Johannsen	8 Frazee	51.53
9 Megan LaCrosse	10 Red Lake Cou	52.30
10 Kailyn Hrynyshyn	11 West Marshal	52.91
11 Katherine Finseth	9 Dilworth-Gly	53.63
12 Andrea Dudley	9 Nevis	53.71
13 Paige Ziegler	8 Frazee	54.36
14 Sophia Eitenmiller	10 Northome/Kel	54.54
15 Linnea Goodwin	11 TrekNorth	55.22
-- Kendra Scholz	7 Park Rapids	DQ

Girls 4x100 Meter Relay

=====  
 Section Reco: # 50.99 1992 , East Grand Forks  
 R.A. Watt, T. Melquist, K. Hjelle, T. Hecht  
 50.68 QUAL

School	Finals
1 Frazee	51.49
1) Cassidy Ziegler 11	2) Maddie Rue 12
3) Paige Oswald 8	4) Paige Ziegler 8
5) Ellie Reiersen 7	6) Hailey Ellingson 11

2 Dilworth-Glyndon-Felton	52.02
1) Jena Jacobson 11	2) Amy Wadeson 10
3) Jamie Wagner 11	4) Megan Weiser 11
5) Natalie Steichen 10	6) Katherine Finseth 9
3 Park Rapids Area	52.31
1) Sarah Harshman 12	2) Abby Eystad 9
3) Paige Hill 12	4) Abby Mueller 12
4 Fertile-Beltrami	52.89
5 Roseau	52.92
6 East Grand Forks	53.14
7 West Marshall*	53.38
8 Nevis	53.58
1) Hannah Anderson 11	2) Natalee Hockett 9
3) Andrea Dudley 9	4) Jordyn Lucas 12

Girls 4x200 Meter Relay

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Section Reco: # 1:46.00 5/30/2009 Bagley/Fosston\*, BagleyFoss  
M Berg, K Day, L Bardwell, A Huschle

1:46.59 QUAL

School Finals

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1 Park Rapids Area	1:47.77
1) Hannah Morgan 7	2) Abby Eystad 9
3) Jaiden McCollum 10	4) Abby Mueller 12
5) Megan Olson 12	6) Kamree Carlson 8
2 Dilworth-Glyndon-Felton	1:49.40
1) Jena Jacobson 11	2) Natalie Steichen 10
3) Aleeya Verdi 10	4) Amy Wadeson 10
5) Megan Weiser 11	6) Jamie Wagner 11
3 East Grand Forks	1:49.78
4 Crookston	1:49.88
5 Pelican Rapids	1:49.89
1) Maddie Guler 8	2) Brianna Harthun 12
3) Grace Johnson 10	4) Jessica Weinrich 10
6 Park Christian	1:52.30
7 Bagley/Fosston*	1:52.52
1) Camille Merschman 12	2) Kelby Fultz 8
3) Kylli Anderson 8	4) Katie Nelson 12
8 Barnesville	1:53.75

Girls 4x400 Meter Relay

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 Section Reco: # 4:01.09 2001 , Roseau  
 B. Lisell, S. Olson, H. Evans, A. Anderson  
 4:05.30 QUAL

School Finals

- =====  
 1 Pelican Rapids 4:06.61  
 1) Maddie Guler 8 2) Abby Syverson 8  
 3) Jessica Weinrich 10 4) Kaylie Isaman 9  
 5) Tianna Wald 11 6)  
 2 East Grand Forks 4:08.73  
 1) Tiffany Hanson 10 2) Erica Eades 12  
 3) Laura Forder 8 4) Tessa Hanson 12  
 5) McKenna Garrett 9 6) Kora Jordheim 9  
 3 Crookston 4:15.98  
 4 Dilworth-Glyndon-Felton 4:18.15  
 1) Katherine Finseth 9 2) Arianna Gerdon 8  
 3) Baylie Narum 10 4) Aleeya Verdi 10  
 5 Park Rapids Area 4:18.72  
 1) Tori Hilmanowski 10 2) Jaiden McCollum 10  
 3) Paige Johnson 8 4) Kamree Carlson 8  
 6 Hawley/Ulen-Hitterdal\* 4:21.12  
 7 Barnesville 4:24.19  
 8 Bagley/Fosston\* 4:26.52  
 1) Katie Nelson 12 2) Emily Curfman 11  
 3) Kelby Fultz 8 4) Jenna Manecke 7

Girls 4x800 Meter Relay

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 Section Reco: # 9:33.80 2001 , Roseau  
 S. Olson, K. Jaenicke, H. Evans, A. Anderson  
 9:47.32 QUAL

School Finals

- =====  
 1 East Grand Forks 9:52.83  
 1) McKenna Garrett 9 2) Rachel Jenson 12  
 3) Mckenna Langerud 9 4) Erica Eades 12  
 5) Maren Garrett 7 6) Tessa Hanson 12  
 2 Pelican Rapids 9:57.81  
 1) Tianna Wald 11 2) Mandi Sjolie 8  
 3) Kaylie Isaman 9 4) Grace Johnson 10  
 5) Chloe Paulson 7 6)



3 West Marshall*	10:04.33
4 Park Rapids Area	10:10.53
1) Tori Hilmanowski 10	2) Whitney Steffel 9
3) Lydia Kantonen 11	4) Megan Olson 12
5 Norman County*	10:40.13
6 Barnesville	10:43.77
1) Nicole Herbranson 10	2) Samantha Passa 7
3) Emma Nielsen 10	4) Elizabeth Peppel 8
7 Roseau	10:48.02
8 Northome/Kelliher/Blackduck*	10:54.44
1) Deja Palmer 10	2) Sophia Eitenmiller 10
3) Christina Grundmeier 12	4) Zoey Mills 8

Girls High Jump

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Section Reco: # 5-08 5/31/2008 Toni Tollefson, LakePark-Audubon  
5-03.00 QUAL

Name	Year School	Finals
1 Ashley Longtin	11 Red Lake Cou	4-11.00
2 Cassidy Ziegler	11 Frazee	4-11.00
3 Brynna Monda	9 East Grand F	4-09.00
4 Ella Rockstad	11 Norman Count	4-09.00
4 Jessica Remer	9 Fisher/EGF S	4-09.00
6 Riley Berg	8 Pelican Rapi	4-09.00
7 Kennedy Carlson	10 Park Rapids	4-09.00
8 Emily Curfman	11 Bagley/Fosst	4-07.00
8 Janet Gerner	12 Barnesville	4-07.00
10 Holly Steer	10 West Marshal	4-07.00
10 Grace Forsgren	12 Pelican Rapi	4-07.00
12 Emma Drellak	7 Bagley/Fosst	4-07.00
13 Tayah Otterness	12 Park Rapids	4-07.00
14 Kaitlin Hockett	12 Nevis	4-07.00
15 Grace Eichenberger	11 Warroad	4-05.00
16 Gabby Sandman	8 Park Christi	4-05.00
16 Julia Bernstein	9 Red Lake Cou	4-03.00
16 Abbey Gulseth	12 Dilworth-Gly	4-03.00
18 Makenzie Williams	9 Red Lake Cou	4-03.00
18 Leslie Walz	8 Norman Count	4-03.00

Girls Pole Vault

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Section Reco: # 11-01 2004 Jennifer Hensel, Frazee  
 10-04.00 QUAL

Name	Year	School	Finals
1 Frannie Mercil	12	Dilworth-Gly	9-10.00
2 Caroline Drury	11	Park Rapids	8-10.00
3 Jena Jacobson	11	Dilworth-Gly	8-04.00
4 Kandis Krantz	11	West Marshal	7-10.00
5 Kari Kraulik	12	West Marshal	7-10.00
6 Katie Borowicz	7	Roseau	7-04.00
6 Coral Johnson	9	Park Rapids	7-04.00
8 Mikayla Bolduc	9	West Marshal	7-04.00
9 Paige Hill	12	Park Rapids	7-04.00
10 Alissa Lundeen	8	Fertile-Belt	7-04.00
11 Aubree Steffes	7	Fertile-Belt	7-04.00
12 Rebekah Fraser	9	Lake of the	6-10.00
13 Teagen Carlstrom	10	Crookston	6-10.00
-- Melissa Quirk	10	BGMR Freeze*	NH
-- Gracie Arends	8	Dilworth-Gly	NH
-- Emma Borowicz	7	Crookston	NH

Girls Long Jump

Section Reco: # 18-03.25 5/30/2009 Analisa Huschle, BagleyFoss  
 16-09.00 QUAL

Name	Year	School	Finals	Wind
1 Frannie Mercil	12	Dilworth-Gly	17-02.50 QUAL	1.1
2 Morgan Miller	12	Norman Count	17-00.75 QUAL	0.8
3 Ella Rockstad	11	Norman Count	16-05.25	0.9
4 Jill Borowicz	9	West Marshal	16-01.25	1.1
5 Brianna Bly	12	Mahnomen/Wau	15-05.50	1.0
6 Kacie Borowicz	9	Roseau	15-02.75	1.2
7 Christina Grundmeier	12	Northome/Kel	15-02.50	0.8
8 Hannah Anderson	11	Nevis	14-11.75	0.7
9 Tessa Zima	11	Mahnomen/Wau	14-10.25	0.8
10 Larissa Seifert	9	Pelican Rapi	14-10.25	1.0
11 Megan LaCrosse	10	Red Lake Cou	14-09.50	1.1
12 Aleece Durbin	10	Crookston	14-09.25	1.0
13 Hannah Morgan	7	Park Rapids	14-09.00	0.9
14 Josie Huot	10	Red Lake Cou	14-08.75	+0.0
15 Paige Oswald	8	Frazee	14-08.50	1.1

16 Kira Loop	10 Walker-Hacke	14-02.50	0.8
17 Paige Pederson	12 West Marshal	13-02.00	1.0

Girls Triple Jump

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Section Reco: # 38-06.25 5/30/2009 Analisa Huschle, BagleyFoss  
 35-06.00 QUAL

Name	Year School	Finals	Wind
1 Abigail McGlynn	9 West Marshal	35-00.50	1.0
2 Katherine Finseth	9 Dilworth-Gly	34-07.00	0.7
3 Paige Ziegler	8 Frazee	34-05.50	1.0
4 Baylie Narum	10 Dilworth-Gly	33-07.00	1.1
5 Hannah Anderson	11 Nevis	33-02.25	1.1
6 Jill Borowicz	9 West Marshal	33-00.50	1.0
7 Andrea Dudley	9 Nevis	32-07.50	1.0
8 Ella Rockstad	11 Norman Count	32-06.00	0.8
9 Katelynn Warmbold	11 Park Rapids	32-05.00	1.0
10 Frannie Mercil	12 Dilworth-Gly	31-11.50	0.7
11 Maddie Rue	12 Frazee	31-07.25	1.2
12 Kira Loop	10 Walker-Hacke	31-06.75	+0.0
13 Alexis Pederson	11 Barnesville	31-01.25	0.8
14 Ashley Longtin	11 Red Lake Cou	30-10.50	0.8
15 Christina Grundmeier	12 Northome/Kel	30-08.00	1.0
16 Jenna Porter	11 Crookston	29-07.50	1.0

Girls Shot Put

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Section Reco: # 43-06.50 2000 Amy Netland, Bagley/Fosston  
 38-08.00 QUAL

Name	Year School	Finals
1 Jaiden McCollum	10 Park Rapids	41-09.00 QUAL
2 Jordan Anderson	10 TrekNorth	37-00.00
3 Harley Barlow	11 Crookston	36-07.50
4 Destiny Meyer	12 Dilworth-Gly	36-01.00
5 Allyson Kangas	10 Park Christi	34-08.75
6 Deborah Haugen	11 West Marshal	33-11.00
7 Rachel Fahey	12 Northome/Kel	33-03.75
8 Jessica Vedbraaten	12 BGMR Freeze*	32-02.75
9 Kaylen Cummings	11 East Grand F	32-00.50
10 Kamree Carlson	8 Park Rapids	31-00.50

11 Jolene Nelson	11 BGMR Freeze*	31-00.00
12 Grace Steichen	10 Dilworth-Gly	29-08.00
13 Faith Porter	9 West Marshal	29-01.00
14 Elli Vonesh	11 East Grand F	28-10.50
15 Brita Fagerlund	11 Crookston	28-09.75
16 Casey Kremke	9 Park Christi	28-09.00

Girls Discus Throw

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Section Reco: # 147-04 1990 Krista Wavra, Sacred Heart  
 117-08 QUAL

Name	Year School	Finals
1 Rachel Fahey	12 Northome/Kel	118-03.00 QUAL
2 Grace Steichen	10 Dilworth-Gly	113-10.00
3 Jaiden McCollum	10 Park Rapids	102-10.00
4 Taylor Sagen	10 Walker-Hacke	101-03.00
5 Madison Stenzel	12 Clearbrook-G	99-09.00
6 Faith Porter	9 West Marshal	99-03.00
7 Harley Barlow	11 Crookston	97-07.00
8 Elli Vonesh	11 East Grand F	96-06.00
9 Destiny Meyer	12 Dilworth-Gly	96-01.00
10 Brooklyn Erickson	10 Norman Count	91-09.00
11 Brita Fagerlund	11 Crookston	90-00.00
12 Matty Urbaniak	9 West Marshal	89-08.00
13 Sarah Harshman	12 Park Rapids	89-05.00
14 Bailey Halland	10 Hawley/Ulen-	87-02.00
15 Cassidy Hultrgen	11 West Marshal	86-11.00
16 Brooke Ruebke	11 Norman Count	86-09.00

Boys 100 Meter Dash

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Section Reco: # 10.80 1983 Nathan Cooper, Climax  
 11.39 QUAL

Name	Year School	Prelims	Wind H#
Preliminaries			
1 Spencer Ewen	11 Dilworth-Gly	11.47Q	NWI 1
2 Tommy Pavek	12 Mahnomen/Wau	11.50Q	NWI 2
3 Will Halverson	12 Frazee	11.52Q	NWI 1
4 Mason Wang	10 Crookston	11.59Q	NWI 2
5 Colton Mickelson	12 Pelican Rapi	11.65q	NWI 2

6	Jerome Crayton	12	Fisher/EGF S	11.71q	NWI	1
7	Reilly Stroot	12	Roseau	11.72q	NWI	1
8	Carlan Haugrud	10	Pelican Rapi	11.74q	NWI	1
9	Walker Cage	12	Bagley/Fosst	11.84	NWI	2
10	Beechestore Stroot	12	Roseau	11.99	NWI	2
11	Dylan Gustafson	11	Red Lake Cou	12.01	NWI	2
11	Wyatt Blakeway	11	Hawley/Ulen-	12.01	NWI	1
13	Jake Worms	12	Mahnomen/Wau	12.10	NWI	1
14	Jonathon Smith	12	Walker-Hacke	12.36	NWI	1
15	Tristan Bakke	11	Clearbrook-G	12.37	NWI	2

Boys 100 Meter Dash

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Section Reco: # 10.80 1983 Nathan Cooper, Climax  
 11.39 QUAL

Name	Year	School	Finals	Wind
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Finals

1	Spencer Ewen	11	Dilworth-Gly	11.42	0.2
2	Will Halverson	12	Frazee	11.50	0.2
3	Jerome Crayton	12	Fisher/EGF S	11.51	0.2
4	Tommy Pavek	12	Mahnomen/Wau	11.52	0.2
5	Mason Wang	10	Crookston	11.56	0.2
6	Colton Mickelson	12	Pelican Rapi	11.61	0.2
7	Reilly Stroot	12	Roseau	11.77	0.2
8	Carlan Haugrud	10	Pelican Rapi	11.88	0.2

Boys 200 Meter Dash

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Section Reco: # 22.30 1983 Nathan Cooper, Climax  
 22.86 QUAL

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Tommy Pavek	12	Mahnomen/Wau	23.51Q	NWI	1
2	Elias Walski	12	Crookston	23.93Q	NWI	2
3	Tom Pace	12	East Grand F	23.75Q	NWI	1
4	Sam Lavin	12	Clearbrook-G	24.08Q	NWI	2
5	Will Halverson	12	Frazee	23.92q	NWI	1
6	Colton Mickelson	12	Pelican Rapi	24.13q	NWI	2
7	Walker Cage	12	Bagley/Fosst	24.14q	NWI	2
8	Jake Worms	12	Mahnomen/Wau	24.22q	NWI	1

9	Wyatt Blakeway	11	Hawley/Ulen-	24.28	NWI	1
10	Carlan Haugrud	10	Pelican Rapi	24.33	NWI	2
11	Jerome Crayton	12	Fisher/EGF S	24.62	NWI	2
12	Caleb Olson	12	Grygla-Gatzk	24.66	NWI	1
13	Dexter Pelzman	12	Norman Count	24.71	NWI	2
14	Tanner Somers	11	Norman Count	24.79	NWI	1
15	Tristan Bakke	11	Clearbrook-G	25.13	NWI	2
16	Jared Hubbard	11	Clearbrook-G	25.56	NWI	1

Boys 200 Meter Dash

=====  
 Section Reco: # 22.30 1983 Nathan Cooper, Climax  
 22.86 QUAL

Name	Year	School	Finals	Wind	
=====					
Finals					
1	Will Halverson	12	Frazee	23.59	-0.9
2	Tom Pace	12	East Grand F	23.75	-0.9
3	Elias Walski	12	Crookston	23.79	-0.9
4	Tommy Pavek	12	Mahnomen/Wau	23.86	-0.9
5	Walker Cage	12	Bagley/Fosst	24.12	-0.9
6	Colton Mickelson	12	Pelican Rapi	24.34	-0.9
7	Jake Worms	12	Mahnomen/Wau	24.36	-0.9
8	Sam Lavin	12	Clearbrook-G	24.61	-0.9

Boys 400 Meter Dash

=====  
 Section Reco: # 49.57 1993 Frank Schaap, Park Rapids  
 50.39 QUAL

Name	Year	School	Finals	
=====				
1	Sam Lavin	12	Clearbrook-G	53.03
2	Dexter Pelzman	12	Norman Count	53.10
3	Dylan Cain	10	Warroad	53.11
4	Austin Koenig	12	Hawley/Ulen-	53.21
5	Austin Clifton	11	East Grand F	53.71
6	Garrett Scheel	11	Dilworth-Gly	53.77
7	Lenny Wauert	11	Fisher/EGF S	53.88
8	Austin Kloety	12	East Grand F	54.19
9	Bailey Johnson	9	Lake Park-Au	54.44
10	Austin Burks	12	Walker-Hacke	54.54
11	Ryan Kerr	9	Park Christi	54.64

12	Ethan Dorman	9	Clearbrook-G	54.91
13	Jacob Vetter	9	Hawley/Ulen-	55.27
14	Steele Armstrong	11	Norman Count	55.81
15	Carson Haugrud	10	Pelican Rapi	56.17
16	Erik Pittorf	12	Walker-Hacke	56.44

Boys 800 Meter Run

=====  
 Section Reco: # 1:56.78 5/30/2009 Moses Heppner, Warroad  
 1:59.03 QUAL

Name	Year	School	Finals
1	Scott Nelson	12 Roseau	2:03.36
2	Parker Tjaden	10 Hawley/Ulen-	2:04.24
3	Louis Larson	12 Bagley/Fosst	2:04.82
4	Alejandro Romero	12 Pelican Rapi	2:05.63
5	Jacob Wolfe	12 Walker-Hacke	2:06.78
6	Sam Andersen	12 Hawley/Ulen-	2:06.91
7	Logan Bring	12 BGMR Freeze*	2:07.70
8	Jesse Duclos	12 Walker-Hacke	2:08.28
9	William Bly	9 Mahnomen/Wau	2:08.45
10	Brian Watt	12 Dilworth-Gly	2:09.38
11	Nick Mathsen	10 Norman Count	2:10.16
12	Connor Thompson	10 Norman Count	2:13.41
13	Zak Watchorn	12 Frazee	2:14.96
14	Alex Heisler	12 East Grand F	2:19.99
15	Jaden Lubarski	9 Crookston	2:25.16

Boys 1600 Meter Run

=====  
 Section Reco: # 4:22.18 5/30/2009 Moses Heppner, Warroad  
 4:25.00 QUAL

Name	Year	School	Finals
1	Adnew Stueven	9 Northome/Kel	4:35.20
2	Daniel Wilson	10 Dilworth-Gly	4:45.06
3	Cole Nowacki	8 East Grand F	4:50.92
4	Nick Mathsen	10 Norman Count	4:51.59
5	Zak Anderson	10 BGMR Freeze*	4:55.91
6	Zach Heppner	10 Warroad	4:57.49
7	Connor Thompson	10 Norman Count	4:58.91
8	Cole Keeping	11 Hawley/Ulen-	5:11.53

9 Ethan Klisch	7 Bagley/Fosst	5:13.72
10 Kyle Erickson	8 Roseau	5:14.59
11 Habram Martinez	9 Pelican Rapi	5:15.45
12 Preston Renneburg	9 Park Rapids	5:16.80
13 Mike Miller	10 Frazee	5:18.00
14 Ben Regorrah	11 East Grand F	5:24.86
15 Brett Erickson	10 Roseau	5:26.10
16 Keegan Moses	8 Park Rapids	5:33.75

Boys 3200 Meter Run

=====  
 Section Reco: # 9:31.50 1987 Troy Larson, Park Rapids  
 9:40.05 QUAL

Name	Year School	Finals
1 Adnew Stueven	9 Northome/Kel	10:13.67
2 Bailey Crook	11 Dilworth-Gly	10:15.88
3 Hunter Stai	10 Bagley/Fosst	10:34.79
4 Adam Jacobi	11 Park Rapids	10:36.35
5 Sam Cruz	12 Pelican Rapi	10:44.59
6 Ian Medicraft	11 Roseau	10:48.56
7 Cole Nowacki	8 East Grand F	10:53.09
8 David Johnston	8 Pelican Rapi	10:53.86
9 Todd Scheuring	12 Dilworth-Gly	10:56.23
10 Julian Wilke	11 Hawley/Ulen-	11:03.84
11 Cade Dawson	8 Dilworth-Gly	11:06.68
12 Hayden Reitmeier	8 Fisher/EGF S	11:06.70
13 Ben Regorrah	11 East Grand F	11:15.36
14 Alex Beck	7 Frazee	11:35.40
15 Tyrel Quick	10 Norman Count	11:41.62
16 Michael Gunn	8 Nevis	12:25.53

Boys 110 Meter Hurdles

=====  
 Section Reco: # 14.59 1996 Luke Pfeifer, Frazee  
 15.62 QUAL

Name	Year School	Prelims	Wind H#
Preliminaries			
1 Luke Heitman	11 Norman Count	14.86QUAL	NWI 1
2 Per Jorgenson	11 Park Rapids	15.68Q	NWI 2
3 Logan Gaetz	12 Frazee	15.77Q	NWI 1



4	Adam Schnathorst	12	East Grand F	15.89Q	NWI	2
5	Tom Gryskiewicz	11	West Marshal	15.90q	NWI	1
6	Logan Tinnes	11	Nevis	15.91q	NWI	2
7	Ethan Edeen	11	Dilworth-Gly	16.63q	NWI	1
8	Harmon Leibl	9	Fertile-Belt	16.73q	NWI	2
9	Devin Lambert	12	Red Lake Cou	16.81	NWI	2
10	Ellert Adamek	10	BGMR Freeze*	16.82	NWI	2
11	Logan Adams	12	Northome/Kel	17.21	NWI	1
12	Cade Salentine	10	Crookston	17.47	NWI	2
13	Beau Bergmann	12	Walker-Hacke	17.78	NWI	1
14	Jared Motschenbacher	11	Park Christi	18.16	NWI	1
15	Jake Rames	11	Dilworth-Gly	18.24	NWI	1
16	Jacob Vetter	9	Hawley/Ulen-	18.27	NWI	2

Boys 110 Meter Hurdles

=====  
 Section Reco: # 14.59 1996 Luke Pfeifer, Frazee  
 15.62 QUAL

Name	Year	School	Finals	Wind
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Finals

1	Luke Heitman	11	Norman Count	15.01 QUAL	NWI
2	Logan Gaetz	12	Frazee	15.44 QUAL	NWI
3	Per Jorgenson	11	Park Rapids	15.64	NWI
4	Adam Schnathorst	12	East Grand F	15.65	NWI
5	Tom Gryskiewicz	11	West Marshal	15.75	NWI
6	Harmon Leibl	9	Fertile-Belt	16.47	NWI
7	Ethan Edeen	11	Dilworth-Gly	16.53	NWI
--	Logan Tinnes	11	Nevis	NT	NWI

Boys 300 Meter Hurdles

=====  
 Section Reco: # 39.14 1992 Tony Paul, Marshall Co. South  
 40.47 QUAL

Name	Year	School	Finals
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1	Luke Heitman	11	Norman Count	40.10 QUAL
2	Logan Gaetz	12	Frazee	40.73
3	Per Jorgenson	11	Park Rapids	41.20
4	Patrick Deng	12	Crookston	42.33
5	Pierce Kvien	12	Roseau	42.96
6	Jared Motschenbacher	11	Park Christi	43.23

7 Ellert Adamek	10 BGMR Freeze*	43.52
8 Beau Bergmann	12 Walker-Hacke	43.73
9 Ethan Edeen	11 Dilworth-Gly	43.95
10 Harmon Leibl	9 Fertile-Belt	44.02
11 Jake Rames	11 Dilworth-Gly	44.18
12 Logan Adams	12 Northome/Kel	44.24
13 Adam Schnathorst	12 East Grand F	44.32
14 Dylan Gustafson	11 Red Lake Cou	44.60
15 Zach Fritze	9 Park Rapids	46.69

Boys 4x100 Meter Relay

=====  
 Section Reco: # 43.81 1992 , Marshall Co. South  
 A. Molacek, T. Paul, S. Sedlacek, J. Efta  
 44.47 QUAL

School	Finals
1 Frazee	44.74
1) Grant Jepson 12	2) Logan Gaetz 12
3) Caleb Drescher 10	4) Will Halverson 12
5) Riley Kitchenmaster 12	6) Caleb Wutzke 9
1 Crookston	44.74
1) Patrick Deng 12	2) Elias Walski 12
3) Cade Salentine 10	4) Mason Wang 10
3 Norman County*	44.86
1) Zach Pelzman 9	2) Jared Brainard 9
3) Victor Garza Barbosa 12	4) Gavin Hoff 12
4 Park Rapids Area	45.66
1) Brandon Day 11	2) Isaac Kosel 12
3) Remington Hagan 12	4) Tristan Breitweser 12
5 East Grand Forks	45.70
6 Pelican Rapids	45.80
7 Fisher/EGF Sacred Heart/Climax	46.14
8 Nevis	46.39
1) Jordan Spenst 12	2) Kyle Schmidt 10
3) Clayton DeWulf 12	4) Gabe Veit 12

Boys 4x200 Meter Relay

=====  
 Section Reco: # 1:32.54 1998 , East Grand Forks  
 J. King, T. Lueck, D. Oian, B. McCoy  
 1:32.44 QUAL

School

Finals

1 East Grand Forks	1:33.57
1) Cole Orthaus 12	2) Tom Pace 12
3) Austin Clifton 11	4) Casey Kallock 10
5) Jackson Galstad 9	6) Ethan Trebil 9
2 Crookston	1:33.91
1) Patrick Deng 12	2) Elias Walski 12
3) Cade Salentine 10	4) Mason Wang 10
3 Clearbrook-Gonvick	1:34.59
1) Sam Lavin 12	2) Luke Burgess 12
3) Tristan Bakke 11	4) Ethan Dorman 9
4 Norman County*	1:35.54
1) Tanner Somers 11	2) Bryce Nitschke 11
3) Jared Brainard 9	4) Zach Pelzman 9
5 Dilworth-Glyndon-Felton	1:37.78
1) Eduardo Santos 10	2) Ben Beyer 11
3) Ryan Poehls 11	4) Garrett Scheel 11
6 Fertile-Beltrami	1:39.68
7 Hawley/Ulen-Hitterdal*	1:41.05
-- Park Rapids Area	DQ
1) Brandon Day 11	2) Remington Hagan 12
3) Isaac Kosel 12	4) Tristan Breitweser 12

Boys 4x400 Meter Relay

Section Reco: # 3:28.43 1996 , Park Rapids  
 D. Larson, N. Thelen, J. Klotz, M. Jacobson  
 3:27.51 QUAL

School

Finals

1 Hawley/Ulen-Hitterdal*	3:33.37
1) Austin Koenig 12	2) Jacob Vetter 9
3) Parker Tjaden 10	4) Wyatt Blakeway 11
5) Sam Andersen 12	6)
2 East Grand Forks	3:33.95
1) Austin Kloety 12	2) Tom Pace 12
3) Austin Clifton 11	4) Casey Kallock 10
5) Cole Orthaus 12	6) Jackson Galstad 9
3 Park Rapids Area	3:37.91
1) Brandon Day 11	2) Per Jorgenson 11
3) Remington Hagan 12	4) Tristan Breitweser 12



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1 Steele Senske          10 Park Christi          6-03.00 QUAL
2 Ethan Edeen           11 Dilworth-Gly          6-03.00 QUAL
3 Pierce Kvien           12 Roseau                  6-01.00
4 Seth Wagner           12 Fisher/EGF S           5-09.00
5 Verdis Barber         8 Norman Count           5-07.00
5 Jacob LePard           11 Roseau                  5-07.00
7 Zak Watchorn          12 Frazee                   5-07.00
8 Jake Rames            11 Dilworth-Gly          5-07.00
9 Chris McGlynn         11 West Marshal           5-07.00
10 Karson Gieseke       11 Mahnomen/Wau           5-07.00
11 Josiah Hubbard       9 Clearbrook-G            5-07.00
12 Shea Alto            10 Walker-Hacke           5-07.00
13 Will Johnson         12 BGMR Freeze*           5-05.00
13 Ethan Dorman         9 Clearbrook-G            5-05.00
13 Josh Willie          8 Frazee                   5-05.00
13 Logan Adams          12 Northome/Kel           5-05.00
13 Tyler Sea            9 Walker-Hacke           5-05.00
13 Ryan Poehls          11 Dilworth-Gly          5-05.00
19 Clyde Jensen         10 Northome/Kel           5-03.00
19 Wyatt Bannerman     11 BGMR Freeze*           5-03.00
-- Jake Reish           9 Park Rapids             NH
-- Steven Widman        10 East Grand F           NH
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Boys Pole Vault

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Section Reco: # 14-06 1995      Chris Chandler, Crookston
                13-03.00 QUAL

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Name                    Year School                    Finals
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1 Reilly Stroot         12 Roseau                        13-09.00 QUAL
2 Chris McGlynn         11 West Marshal                   13-03.00 QUAL
3 Quinten Desrosier    12 Fertile-Belt                   11-09.00
4 Logan Bring           12 BGMR Freeze*                   11-09.00
5 Shea Alto            10 Walker-Hacke                   11-09.00
6 Scott Nelson         12 Roseau                          11-03.00
7 Trevor Dufault       10 Dilworth-Gly                   10-09.00
8 Peyton Boe           11 BGMR Freeze*                   10-09.00
9 Garrett Scheel       11 Dilworth-Gly                   10-09.00
10 Lukas Meier          9 Crookston                       10-03.00
10 Kaleb Carlson        11 Park Rapids                    10-03.00
10 Jacob Engst          12 Park Rapids                    10-03.00
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10 Bryce Nitschke	11 Norman Count	10-03.00
14 Gabe Gracza	10 Roseau	9-09.00
-- Jacob Wolfe	12 Walker-Hacke	NH
-- Grant Jepsen	12 Frazee	NH
-- Mason Bring	8 BGMR Freeze*	NH

Boys Long Jump

=====  
 Section Reco: # 22-02 1999 Adam Stratton, Fisher/Climax/Sacred H.  
 21-04.00 QUAL

Name	Year School	Finals	Wind
1 Cole Dahl	12 BGMR Freeze*	20-05.25	1.0
2 Matthew Korynta	11 West Marshal	20-04.00	0.8
3 Walker Cage	12 Bagley/Fosst	20-04.00	1.0
4 Tommy Pavek	12 Mahnomen/Wau	20-02.00	1.0
5 Jacob LePard	11 Roseau	20-01.00	0.9
6 Spencer Ewen	11 Dilworth-Gly	19-09.75	0.7
7 Dylan Gustafson	11 Red Lake Cou	19-06.75	0.8
8 Jordan Spenst	12 Nevis	19-00.00	1.0
9 Jonathon Smith	12 Walker-Hacke	18-09.00	0.5
10 Dexter Pelzman	12 Norman Count	18-07.75	0.9
11 Aaron Kronschnabel	12 Fertile-Belt	18-02.50	0.7
12 Elias Walski	12 Crookston	18-00.25	1.0
13 Cole Orthaus	12 East Grand F	17-09.50	0.8
-- Mario Reyes	11 Cass Lake-Be	DQ	NWI

Boys Triple Jump

=====  
 Section Reco: # 44-05.50 2000 Andrew Aakre, Stephen-Argyle  
 43-02.00 QUAL

Name	Year School	Finals	Wind
1 Seth Wagner	12 Fisher/EGF S	42-02.00	0.8
2 Spencer Ewen	11 Dilworth-Gly	42-01.00	1.1
3 Matthew Korynta	11 West Marshal	41-09.50	0.8
4 Ethan Dorman	9 Clearbrook-G	39-06.00	1.0
5 Connor Thompson	10 Norman Count	39-06.00	1.0
6 Adam Schnathorst	12 East Grand F	39-05.75	1.1
7 Jake Rames	11 Dilworth-Gly	38-09.75	1.0
8 William James III	11 Lake Park-Au	38-09.50	0.8
9 Albert Kargel	9 Fertile-Belt	38-08.00	0.7

10 Austin Burks	12 Walker-Hacke	38-07.75	0.7
11 Jesse Duclos	12 Walker-Hacke	38-04.50	1.0
12 Patrick Deng	12 Crookston	38-02.00	0.8
13 Louis Larson	12 Bagley/Fosst	37-10.75	1.1
14 Joseph Magnusson	11 Roseau	36-06.50	1.1
15 Clayton DeWulf	12 Nevis	36-05.00	0.8
16 Tristan Breitwaser	12 Park Rapids	36-02.00	0.9

Boys Shot Put

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 Section Reco: # 56-01 1992 David Borowicz, Stephen  
 50-09.00 QUAL

Name	Year School	Finals
1 Travis Baer	12 Hawley/Ulen-	48-07.50
2 Kiefer Miller	12 Nevis	44-11.00
3 Nathaneal Dahl	11 Clearbrook-G	44-07.50
4 Victor Garza Barbosa	12 Norman Count	44-05.50
5 Owen Jerald	11 Barnesville	43-06.25
6 Conner Jensen	11 West Marshal	43-03.75
7 Nick Podlak	10 Mahnomen/Wau	42-11.00
8 Anthony Santos	11 Frazee	42-03.50
9 Trevor Dufault	10 Dilworth-Gly	41-04.00
10 Pierre Piche	11 East Grand F	41-02.00
11 Zach Ellingson	11 Hawley/Ulen-	41-01.25
12 Brian Scouton	12 Nevis	40-08.50
13 Beau Bergmann	12 Walker-Hacke	38-04.00
14 Dakota Zimmer	12 Walker-Hacke	37-03.50
15 Chase Olderbak	9 East Grand F	36-00.00

Boys Discus Throw

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 Section Reco: # 166-00 2004 Jerry Netland, Bagley/Fosston  
 152-05 QUAL

Name	Year School	Finals
1 Kiefer Miller	12 Nevis	151-00.00
2 Beechestore Stroot	12 Roseau	145-04.00
3 Victor Garza Barbosa	12 Norman Count	135-04.00
4 Landon Godwin	12 Nevis	132-06.00
5 Zach Ellingson	11 Hawley/Ulen-	132-05.00
6 Brian Scouton	12 Nevis	132-04.00

7 Evan Peppel	11 BGMR Freeze*	123-11.00
8 Hunter Macziewski	10 Dilworth-Gly	122-02.00
9 Ethan Kringlen	12 East Grand F	121-03.00
10 Cal Roosdett	12 Northome/Kel	115-05.00
11 Travis Baer	12 Hawley/Ulen-	114-03.00
12 Pierre Piche	11 East Grand F	109-01.00
13 Anthony Santos	11 Frazee	108-08.00
14 Tom Pace	12 East Grand F	106-09.00
-- Marcus Christensen	12 Red Lake Cou	ND







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