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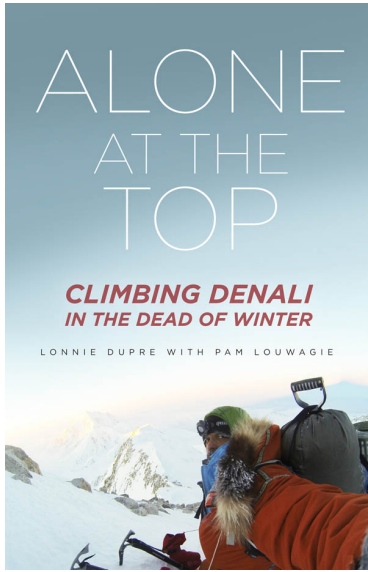
Bagley MN 56621

# NELL FALL PROGRAMS

Northern Exposure to Lifelong Learning

September 19- October 31, 2018





## 2018 Fall Programs at a glance

- Sept. 19 **Friends Meeting at 9:15** - bring your ideas and suggestions!
- Sept. 19 Steve Stark **Bonanza Farms**. Clearbrook City Hall Music Room
- September 26 Lonnie Dupre **Alone at the Top - Climbing Denali in the Dead of Winter** Bagley American Legion
- October 3 Johannes Allert **Minnesota & The Influenza Pandemic of 1918** Gonvick Community Center
- October 10 Dustin Heckman **The Sea Wing Disaster: Tragedy on Lake Pepin** Elim Church in Clearbrook
- October 17 Roger Hellesvig **An Immigrant's Tale** Lengby Community Center
- October 24 Ames Sheldon **"Women at the Very Heart of the Great War."** Grace Free Lutheran Church in Bagley
- October 31 Dr. Diane Pitman **What We Know About Preventing and Reversing Cognitive Decline**. Kingo Church in Fosston

**Sessions begin with  
coffee at 9:00 am.  
Programs at 9:30 a.m**

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**Mail to NELL Box 585 Bagley 56621**

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Volunteers are needed to  
bring refreshments to the  
programs -

I will bring 1 dozen cookies  
on \_\_\_\_\_ (date)

Or call 694-2856 to volunteer

## More Details about our Speakers and Program Descriptions

**Steve Stark** Bonanza Farms in the Red River Valley changed the course of agriculture as well as the history of Minnesota and North Dakota beginning in the early 1870s.

Steve Stark's illustrated history of the largest wheat farms in the world is a fascinating program featuring interesting characters, the Northern Pacific Railroad, our regional heritage and world side attention.

Steve tells the story with fast charcoal drawings on long rolls of mounted paper.

Join us and be drawn to history.

**Lonnie Dupre:** Arctic explorer and climber Lonnie Dupre became the first to summit Denali aka Mount McKinley in January – 12/18/14 Dupre flew to base-camp. With winter winds regularly exceeding 100 miles per hour, temperatures dropping below -60° F, and just six hours of sunlight each day, January is a formidable time on Denali, whose elevation of 20,320 feet makes it North America's highest mountain. Dupre reached the summit at 2pm (AKST) on January 11, 2015.

Only nine expeditions, totaling 16 people, have ever reached the Denali summit in winter,

and six deaths occurred during those climbs. Of these previous winter expeditions, four were solo, but none was in January, the darkest and coldest time of the year on the mountain.

Lonnie will give a multi-media presentation on his winter solo Denali climb. Immediately following the presentation Lonnie will be signing his new book. *Alone at the Top - Climbing Denali in the Dead of Winter* published by Minnesota Historical Society Press

**Johannes Allert** "Minnesota & The Influenza Pandemic of 1918": In the closing months of the Great War, the human-kind experienced an influenza pandemic of global proportions. The virus spread quickly affecting countless Minnesotans. Using primary sources gleaned from the Minnesota Historical Society along with news reports of the era, Johannes Allert shares accounts from Minnesotans across the state and overseas of how citizens reacted to the great tragedy of the early twentieth century.

Mr. Johannes Allert is an adjunct professor for Rogers State University and is the author of several articles published in *Minnesota History*, *Ramsey County History*,

*North Dakota History*, and *Air & Space Power* (U.S. Air Force). He is currently researching Minnesota in the Great War as well as the life and legacy of Lt. General Frank Andrews.

**Dustin Heckman** In 1890, Red Wing suffered one of the worst maritime disasters in Mississippi River history: a storm struck the Sea Wing steamboat as it traveled from Lake City to Red Wing, and caused the boat to sink. 98 people, mostly Red Wing citizens, tragically lost their lives in the catastrophe. Learn about the events leading up to the disaster, what went wrong, and the aftermath of what has been called the

'Mississippi's Titanic.' Books will be available for purchase after the program.



**Roger Hellesvig** Using an immigrant trunk as the focal point, Roger tells what it was like to immigrate to Minnesota, in the mid 1800's. The audience will discover the choices immigrants had to make when coming to this new land. They also will learn a little about the Norwegian culture as he describe items from the trunk. This program is presented in first person as Roger portrays his great grandfather, Ole Oleson.

**Ames Sheldon** Ames will discuss many of the roles American women who went to serve in France played in support of the Great War. In addition, she will discuss the primary sources she used in the process of doing research on the war, and she'll read from some first-hand accounts. She will also talk about her award-winning novel *Eleanor's Wars*, which tells the story of a woman who drove an ambulance during the Great War and the impact of her experience on her husband and children over the following years.

*Eleanor's Wars* won the Benjamin Franklin Gold Award for Best New Voice in Fiction.

A former journalist, Sheldon was lead author and editor of *Women's History Sources: a Guide to Archives and Manuscript Collections in the United States*, which helped to launch the field of women's history in the 1970s. Books will be available for purchase after the program.

**Dr. Diane Pittman** "What are things you can do to maintain a healthy brain and mind to the end of your life? Alzheimer's' Disease, Parkinson's, and other degenerative neurological conditions erode quality of life for individuals and families. Learn what we now know about prevention and treatment of cognitive decline and what you can do to extend your "health span".

Diane M Pittman is a MD at True North Health Care in Bemidji.

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