

# NELL

## Spring 2019

*Programs begin April 3*



### April 3 Briana Ingraham "Uff Dah! An Unexpected Journey of 1,000 miles.... Northwest"

Briana Ingraham is a relatively new Minnesotan, coming to us from outside Baltimore, Maryland. The path her life was on changed dramatically in August 2015 when her husband penned an article for the Washington Post on data that ranked Red Lake County, Minnesota as the "ugliest county in America." He was invited to visit and fell in love with its beauty -but more so with its people. He then somehow convinced her to leave her government job, pack up all their belongings and head 1400 miles northwest of Maryland, with twin toddlers, a cat, and a dog in tow for a fresh start outside the beltway.



She now calls Red Lake Falls home and is learning the ins and outs of a new career with the most demanding of bosses - three boys age 5 and under! Over the past almost 3 years she has been here, she has joined various community groups, including the University of Minnesota Crookston band, the Thief River Falls

branch of the General Federation of Women's Clubs, the board of the

### AT A GLANCE

#### April

3 - Briana Ingraham 1000 miles NW  
- Grace Free Church in Bagley

10- Roger Hellesvig- Scandinavian  
Trunk- McIntosh Community Center

17- Jill & Deane Johnson- Little  
Minnesota & WWI- Gonvick

24- Curtis & Loretta Concert -  
Fosston Library & Arts Center

#### May

1 - Sarah Priest, US Census Bureau-  
Clearbrook City Hall

8 -Dr. Timothy Johnson - The  
Sherlock Holms Collection at U of  
Minnesota- Faith Lutheran Church in

15 -Dr. Diane Pittman- Sleep - Good  
Shepherd Church in Clearbrook

*Programs begin at 9:30 (Coffee at 9:00)  
All ages are welcome, programs are free,  
donations encouraged.*

Northwest Minnesota Arts council, the Red Lake County Civic and Commerce committee and was recently elected to the Red Lake Falls City Council.

Briana will be joining us on April 3 at Grace Free Church (703 Main Ave N) in Bagley to tell us her story!

## April 10 Roger Hellesvig “An Immigrant’s Tale”

Using an immigrant trunk as the focal point, Roger tells what it was like to immigrate to Minnesota in the mid 1800's. The audience will discover the choices immigrants had to make when coming to this new land. They also will learn a little about the Norwegian culture as he describes items from the trunk.

This program is presented in first person as Roger portrays his great grandfather, Ole Oleson.

“An Immigrants Tale” will be presented on April 10 at the McIntosh Community Center.

115 Broadway St NW McIntosh



APRIL 17

## Jill and Deane Johnson “Little Minnesota and WWII”

During World War II, men from Minnesota’s smallest towns gave their lives for our country. Several were awarded the Distinguished Service Cross, Distinguished Flying Cross, Silver Star, or Bronze Star. All received the award no one wanted: the Purple Heart. *Little Minnesota in World War II*, by Jill A. Johnson and Deane L. Johnson, honors 140 brave men from the smallest rural towns. From John Emery (who died December 7, 1941, on board the USS *Arizona*) to Herman Thelander (who was lost in the Bermuda Triangle, a mystery unsolved to this day). Jill and Deane have compiled a book about these men who served from the small towns in Minnesota and will share many of their stories during this program.

Presented on April 17 at the Gonvick Community Center. 170 Main Street

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## April 24 Concert with Curtis and Loretta



*“This activity is made possible, in part, by a grant from the Bemidji Area Arts Endowment, a component fund of the Northwest Minnesota Foundation.”*

Experience original folk songs from husband-and-wife duo, Curtis & Loretta. Together, they deliver beautiful harmonies and play several instruments, including folk harp, guitars, mandocello, and banjo. Their latest album, *When There’s Good to Be Done*, features story-songs of Minnesota’s unsung heroes.

Loretta wrote each of the songs about real-life people who have experienced great challenges in their lives and came out stronger for the journey. She interviewed each person, then crafted their story into a folk song. These are ordinary people with extraordinary qualities.

The song selection will include the stories of a woman who donated a kidney to a little girl she had never met, a WWII veteran whose ship was sunk by Kamikazes and who helped save another man’s life, a woman who grew up in a small, primitive village in Somalia and is now a nurse at Mayo Clinic, a couple who married in the 1940s “against all odds,” and a loving family, raising kids on the severe end of the autism spectrum. Hear these amazing stories through songs meant to inspire.

April 24 at the Fosston Library and Arts Center 403 Foss Ave N

## May 1 Sarah Priest- US CENSUS

Sarah is the Partnership Specialist at the Chicago Regional Census Center for the U.S. Census Bureau. In 2020 the US will be taking the 24<sup>th</sup> census. It counts our population and households, providing the basis for reapportioning congressional seats, redistricting, and distributing more than \$675 billion in federal funds annually to support states, counties and communities' vital programs.

Sarah will share the importance of participating and how the census affects your voice in government, how much funding your community receives and how your community plans for the future.

Clearbrook City Hall- 200 Elm Street. Use east door and watch for signs.

## MAY 15 Dr. Diane Pittman

**“Sleep and Health: Dream your way to a Better Brain”.** During the FALL, 2018 NELL sessions, Dr. Pittman presented a program on "what we know about preventing and reversing cognitive decline". Questions and concerns arose from the audience about 'sleeping'. Dr. Pittman says, "The science on sleep and health has exploded in recent years. The impact on healthy sleeping habits affect memory, the immune system, weight, aging, and more. Learn what healthy sleep can do for you and how to improve your own sleep."

Good Shepherd Church in Clearbrook  
116 State 92 SW

### CAN YOU HELP?

- We have openings for members of the NELL board. Please contact Tamara or any of the current board members for more information.
- We need some help with refreshments on several program dates- if you are able to bring a dozen cookies April 24 and May 1, please let Tamara know.
- If you are interested in a TRIP to the 20<sup>th</sup> Anniversary of the Niswaa- Stamman Festival on June 8, be sure to sign up at the first NELL programs or send a note. NELL will be organizing a bus trip if enough people show interest.

## May 8 Dr. Timothy Johnson

### Sherlock Holmes Comes to Minnesota



How did the University of Minnesota come to be the home for the world's largest collection of "Sherlockiana?"

Learn the answers to that question as well as how Sherlock Holmes maintains a substantial presence in today's popular culture. Since his creation by Sir Arthur Conan Doyle in 1887, the world's most famous consulting detective, Sherlock Holmes, has moved from the printed page to the silver screen. Curator Tim Johnson examines the arc of Holmes popularity from the earliest short stories on through theater, radio, film and other popular media.

Tim Johnson is Curator of Special Collections & Rare Books and the E. W. McDiarmid Curator of the Sherlock Holmes Collections for the University of Minnesota Libraries. He oversees the University Libraries main rare book collection and over 150 special collections, including the world's largest gathering of material related to that most famous consulting detective, Sherlock Holmes.

Faith Lutheran Church in Bagley -32 Bagley Ave NW

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